



PAB21X Powerline Ab Bench



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The heavy-gauge steel mainframe feature all-4-side welded construction for a rock-solid foundation. Extra-thick and durable DuraFirm™ back and seat pads deliver comfort and proper posture. Extra-wide, sealed ball bearing pulley allows complete freedom of movement for oblique workouts as well. Infinitely adjustable back pad ensures quick and easy adjustment for all size users. Excellent for triceps extensions, too.

Dimensions: 25"H x 39"L x 18"W

Special Features

- 10-year Powerline warranty
- Features full range abdominal resistance
- Full range motion starts at 30° back of center to 30° forward of center
- Curved back pad puts you in a pre-stretch position that allows more intense abdominal contraction
- Extra-wide, sealed ball bearing pulley allows complete freedom of movement for obliques
- Infinitely adjustable back pad ensures quick and easy adjustment for all size users