

G5S

Selectorized Multi-Station Gym

Optional Attachments:

GLP

Leg Press Station

SP50

50 lb. Selectorized Weight Stack Upgrade

GAP5 (Shown in photo)

Aluminum Pulley Upgrade Kit

GCCA

Cable Column Attachment

GIOT

Seated Inner/Outer Thigh Attachment

GRACK

Home Gym Accessory Rack

Weight Stack Options:

160 lb. stack (standard)

210 lb. stack (optional)



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The Ergo-Press press arm features hand grips to work muscle groups from various angles, creating more thorough muscular development. Adjust the cam at the top of the press arm to perform flawless, chest, shoulder and back exercises. Turn around and blast your lats with a chest supported mid row or reach up and grab the lat bar. The G5S comes with the Perfect Pec™ Station. Equipped with swivel arms and designed for both unilateral and bilateral movements you get the maximum stretch for deep muscle toning, and the most incredible upper body development possible. The leg developer's SmoothGlide Bearing System™ glides you through the most demanding leg curls and leg extensions.

Floor Space Dimensions: 83"L x 46"W x 83.5"H

Special Features

- Lifetime warranty
- Traditional press bar is biomechanically designed for maximum chest concentration and outstanding muscle development
- Chest, incline, shoulder press, mid row and leg developer stations incorporate the friction free SmoothGlide Bearing System™
- Self-aligning, contoured leg extension cuffs automatically adjust throughout the exercise movement